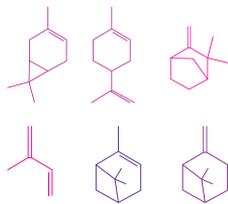


THE ABC'S OF CBD & MEDICINAL CANNABIS

AROMA

Terpenes

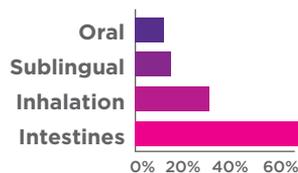


Plants high in Myrcene are generally better as a sleeping aid. Plants high in A-pinene help soothe the lungs.

Terpenes are essential oils that give each strain their distinct aromatic qualities and their presence are a way people use to classify the plant as a sativa or indica. Terpenes work with the plant's Cannabinoids to accentuate or modulate its healing potentials.

BIOAVAILABILITY

Delivery Routes



Averaged from various sources.

Bioavailability is how much of the substance we consume actually gets into our system. Our bodies were designed by Nature to have the small intestines as the primary nutrient absorption organ.

COMPOUNDS

Cannabinoids

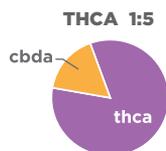


Only discovered in the 1990's, yet going back 600,000,000 years, Cannabinoids function as means of cellular communication to keep us healthy at a foundational level regaining and then maintaining organic homeostasis, balance and health in our bodies.

EndoCannabinoids are neurotransmitting molecules produced naturally by our bodies. These compounds were named after closely related molecules already known in the Cannabis plant, called Phytocannabinoids. All Cannabinoids affect our health through the EndoCannabinoid System.

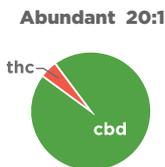
ENDO-CANNABINOID SYSTEM & RATIOS

Our Endo-Cannabinoid System can slow down what is too active and stimulate what is too still in our bodies. The greatest benefits can be gained when starting as low as 1mg/day dose and increasing very slowly if needed. Health benefits can vary based on the cannabinoid ratio in each strain, explained below.



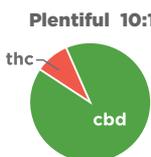
The plant makes these compounds in the acid form before being heated. THCAcid is considered to be twice the anti-inflammatory agent as THC and is used by many patients for muscle and joint pains.

THCA has no psychoactive effects.



Patients find CBD Abundant ratio helpful for spasms, convulsions, tremors, endocrine disorders, anxiety, depression, psychosis and other mood disorders, and overall wellness.

CBD counteracts the effects of THC, therefore has reverse (non) psychoactive effects.



Many patients find the 10:1 CBD to THC ratio most helpful for pain relief, immune support, and other overall health benefits.

This ratio can be psychoactive to some. High CBD medicines may prevent patients from falling asleep.

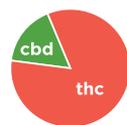
Balanced 1:1



Most patients find this Balanced ratio helpful for pain, rheumatism, inflammation, chronic pain, gastrointestinal issues, stress relief, and overall mood enhancer.

This should be used with caution for those who have not used THC before.

THC Robust 1:5



THC Robust ratio is recommended by many oncologists for support with tumors and other ailments related to cancer.

This ratio is most commonly known as the ratio for "Rick Simpson Oil" and is highly psychoactive.

NON
PSYCHOACTIVE

NON
PSYCHOACTIVE

BORDERLINE
PSYCHOACTIVE

PSYCHOACTIVE

HIGHLY
PSYCHOACTIVE